

# Crew Guide for the Shawnee 50Mile/50K Driving Directions & Instructions

# The following aid stations are accessible to crews:

Fire Tower Odell Creek Pond Lick Twin Creek #1 Twin Creek #2 (walk-in) Finish

Crews are not permitted at the other aid stations.

#### **Starting Access Points**

Start – **Shawnee Lodge and Conference Center** Waypoint: 38.74018, -83.2041 4404 OH-125 West Portsmouth, OH 45663

**\*Helpful hint**\* There is very limited cell phone service in the Shawnee Forest. If you use your phone for directions, I'd recommend using Google Maps, then you can "download a region" on your phone to view when you don't have service. I recommend saving the entire Shawnee Forest area. Then, you can type in the "waypoints" from each aid station listed below to help find your way.

#### \*\*CREW CAN NOT GO TO CAMP OYO (AID STATION #5)\*\*

# \*\*THE "OPENING LOOP" AID STATION IS NO LONGER AN AID STATION STARTING IN 2020\*\*



**Fire Tower** 50 Mile Runners: mile 12.1 50K Runners: mile 6.1 Waypoint: 38.77265, -83.1715

#### Leaving from Start

- 1. Exit the lodge parking lot and head down the hill.
- 2. Follow the Lodge Road (Forest Rd. 16) toward and head toward Rt. 125 1.4 mi
- 3. Turn left onto OH-125 W 0.4 mi
- 4. Turn right onto Big Run Rd/State Forest Service Rd. 3 2.0 mi
- 5. Turn right onto Forest Service Rd. 6 2.9 mi

**\*CAUTION**\* Part way after turning onto Forest Service Rd. 6 you will be driving on the actual race course for about a half mile. Please drive slowly and always yield to runners.

#### Total Route: 6.8 mi – about 23 mins

**PARKING**: Park in the gravel lot to the right, just before reaching actual Fire Tower

-You will need to walk to the aid station 500 feet further to the Fire Tower -If the parking lot is full, park along Forest Rd. 6 along the right side, as far over as possible.



Odell Creek 50 Mile Runners: mile 20.1 50K Runners: mile 14.1

# Leaving from Fire Tower

- 1. Start heading back toward Lodge.
- 2. Exit parking lot at Fire Tower by turning left to back track on Forest Service Rd. 6 2.9 mi

\*\*CAUTION: Runners entering Fire Tower Area\*\*

- 3. Turn left onto Big Run Rd/State Forest Service Rd. 3 2.0 mi
- 4. Turn left onto OH-125 E 5.9 mi
- 5. Turn left onto Odle Creek Rd 1.3 mi
- 6. Turn left onto Forest Service Rd. 14 1.2 mi

# Total Route: 13.3 mi - about 31 mins

**PARKING:** park before you reach the aid station along the right side of Forest Service Rd. 14 in single-file as far over as you can, in order to leave space for other vehicles to pass.

-Aid station is located on the right side of the road in a field. \*\*DO NOT GO TO THE CAMP OYO STATION IN 2020\*\*

Waypoint: 38.73589, -83.11832



Pond Lick 50 Mile Runners: Mile 28.2 50K Runners: \*not on 50K course

#### Leaving from Odell Creek

 Leave Odell Creek backtrack toward OH-125, on Forest Service Rd. 14, then Odle Creek Rd. - 2.5 mi
Turn right onto OH-125 E - 1.2 mi
Turn left onto Pond Lick Rd/State Forest Rd 1 - 2.3 mi.

Waypoint:

38.69682, -83.17413

#### Total Route: 6.0 mi – about 14 mins

**PARKING:** Park along the right side of the paved road, as far off the road as possible into the grass, next to the pond.

-Aid station is just a short walk ahead, past the pond.



Waypoint: 38.67218, -83.24889

Twin Creek #1 50 Mile Runners: Mile 38.2 50K Runners: \*not on 50K course

# Leaving from Pond Lick

1. Safely turn around and follow Pond Lick Rd/State Forest Rd 1 back toward OH-125 - 2.3 mi

- 2. Turn right onto OH-125 E 2.3 mi
- 3. Turn right onto US-52 W 9.8 mi

**\*\*TIP:** Turn left on US-52 and you'll quickly find the Buckeye Dairy Bar for a potential food and refueling spot.

4. Turn right onto Upper Twin Creek-Rocky Fork Rd - 4.3 mi

# Total Route: 18.7 mi – about 32 mins

**PARKING:** Once you reach the aid station area at a "fjord" you will find limited parking on a narrow paved road.

-You must park off to the side of the paved road, either before or after the aid station, and you CANNOT block the road. There is thru traffic from locals that have houses beyond this location.



Twin Creek #2\*\* 50 Mile Runners: Mile 43 50K Runners: \*not on 50K course Waypoint: 38.68667, -83.26092

\*\*Note\*\* This aid station is only accessible by foot, by walking from the Twin Creek #1 aid station on the road. It is a 1.3 mile walk. There is traffic on this road, please be cautious. You may choose to skip this 'walk-only' station, especially if it is cold and dark at the time you arrive.

#### Leaving from Twin Creek #1

1. Continue by walking (or running) to Twin Creek #2 on the paved road. - 1.3 mi

# Total Route: 1.3 mi walk - 20-30 min

**PARKING:** You CANNOT park or drive to this station - you must remain parked at the previous aid station and walk the 1.3 miles on the paved road.

-You will see a small aid station that is in a pull-off along the road. -Please be safe and use common-sense in this location, as it may be cold and dark when your runner is making their way to this aid station. -There is traffic that travels this paved road.



**Finish** 50 Mile Runners: Mile 54 50K Runners: Mile 31.8 Waypoint: 38.74018, -83.2041

# Leaving from Twin Creek #1

1. Safely turn around and follow Upper Twin Creek-Rocky Fork Rd toward US-52 - 4.3 mi

- 2. Turn left onto US-52 W 9.8 mi
- 3. Turn left onto OH-125 E 6.6 mi
- 4. Turn left onto State Forest Service Rd 16, aka Lodge Road (signs for Lodge) 1.2 mi

# Total Route: 22.1 mi – about 34 mins

#### Leaving from Odell Creek

1. Leave Odell Creek backtrack toward OH-125, on Forest Service Rd. 14, then Odle Creek Rd.  $\,$  - 2.5 mi

- 2. Turn right onto OH-125 E 5.5 mi
- 3. Turn left onto State Forest Service Rd 16, aka Lodge Road (signs for Lodge) 1.2 mi

# Total Route: 9.3 mi – about 16 mins

**PARKING:** ample parking in the large Lodge and Conference Center parking lot.

-Your runner will have about 16 miles to the finish from Twin Creek #1 aid station - this may give you time to run in town, or find a gas station before heading back to the lodge.



# Convenience stores/gas stations closest to the race course

Please be courteous to the local retailers and thank them for their services!

**Shawnee Lodge and Restaurant** – full-service restaurant and lounge \*race start and finish line\*

Breakfast: 8 a.m. to 11 a.m. Saturday and Sunday Lunch: 11:00 a.m. to 2:00 p.m. everyday Dinner: 5:00 p.m. to 8:00 p.m. Sunday - Thursday and open until 9:00 p.m. on Friday & Saturday.

Snack area open 24 hours

**Kroger's -** full service grocery store, gas station (in Portsmouth) 811 Gay St Portsmouth, OH 45662 (740) 354-8621

Sun - Sat: 5AM-1AM

Buckeye Dairy Bar – hot food, ice cream, drinks. 13066 US-52 West Portsmouth, OH 45663 (740) 858-2476

Hours: Sun - Sat: 10:30AM-10PM

Book's Get-N-Go Gas Station Store – gas, hot food, snacks, drinks (close to Twin Creek) 10399 Ohio River Scenic Byway, Rt. 52 Stout, OH 45684 (740) 858-1654



Weaver's Gas Station Store – gas, hot food, snacks, drinks 13352 US-52 West Portsmouth, OH 45663

Boland's Mini Mart Gas Station - gas, hot food, snacks, drinks 16709 US-52 West Portsmouth, OH 45663 (740) 858-9566